

Physical Education

Welcome to the PE Department

Curriculum Information 2018 - 2019

The Team

Mr O. Chippendale	Head of Department
Miss N. Bell	Teacher of PE and Year Leader for Yr10 and Yr11
Mrs N. Kevern	Teacher of PE and Year Leader for Yr7
Mr J Williams	Teacher of PE

Introduction to the Department

With access to outstanding sports facilities we are able to offer a diverse curriculum that gives all pupils an insight into a range of sports and physical activities. Our aim is to equip our young people with the skills and understanding that lead to lifelong physical activity.

Assessment

All pupils are assessed against our 5 year pathway ranging from 'Beginning' through to 'Excellence'. Each of these progression steps show an increase in the level of technical* and tactical** ability required in practical lessons, as well as basic knowledge and understanding of anatomy and physiology.

Pupils will be assessed through their practical work (every half term) and also through a written tasks (termly).

**Technical Ability – The ability to complete specific skills consistently and accurately and the reproduce them under varying degrees of pressure; Knowledge of the rules*

***Tactical Understanding – The ability to apply the correct skill at the correct time; Showing an understanding of the decisions needed in game situations; Application of the rules as well as develop more advanced skills.*

Key Stage 3

Pupils will complete a broad range of activities throughout Yr7 to Yr9 which fall in line with the practical requirements at GCSE level. This could include all or some of the following:

Badminton; Basketball; Netball; Football; Trampolining; Health and Fitness; Football; Rugby; Table Tennis; Gymnastics; Cricket; Athletics.

Key Stage 4

All students will complete 2 hours of Core PE per fortnight. The KS4 Core Programme is aimed at providing a broad spectrum of team and individual activities that prepare pupils for lifelong physical activity.

For example pupils can choose to take part in exercise classes or have time in the very well-equipped fitness suite at The Edge, try trampolining for the first time or continue with the activities they have studied throughout Key Stage 3.

GCSE PE

Exam boards:

AQA <http://www.aqa.org.uk/subjects/physical-education/gcse/physical-education-8582>

Assessment in GCSE PE

Pupils will be assessed in both their practical ability and their understanding of a range of topics through the theory component of the course. For the current Yr I I assessment is weighted at 40% practical and 60% theory.

Practical assessment is completed through a series of controlled assessments throughout the two year course. We also have the opportunity to assess pupils in activities they do outside of the regular provision within schools, for example horse riding, climbing or swimming.

Theory assessment is through a two 1hr 15min papers sat at the end of the course.

Extra-Curricular Opportunities

Currently we offer after school extracurricular clubs in the following activities: Football (Autumn and Spring term only)

Netball (Autumn and Spring term only)

Boys Rugby (Autumn and Spring term only)

Table Tennis (All year round)

Trampolining (All year round) Rounders (Summer term only) Athletics (Summer term only) Cricket (Summer term only)