



Supporting Y6 to Y7 Transition 2020

For Parents, Carers and Students

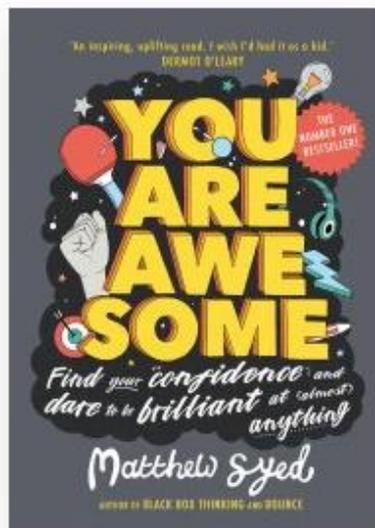


PiXL Club and Hachette Children's Group

Proud to belong ... Proud to achieve

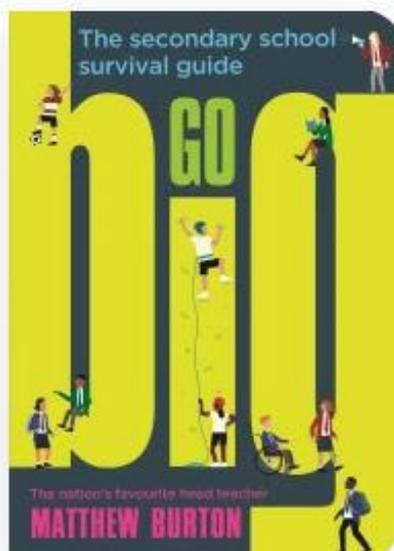
Be Awesome, Go Big is a package to help Year 6 students transition into Year 7. It can be used by students and parents at home, or in school with teachers in class. It is designed to be motivational, helpful and reassuring and to help young people feel valued, loved, encouraged and equipped for the journey ahead. We are grateful to the PiXL Club and Hachette Children's Group for providing free resources from this project that are available on the Woolmer Hill School website.

The resources are based on bestselling children's books **You Are Awesome** by Matthew Syed and **Go Big: The secondary school survival guide** by Matthew Burton.



YOU ARE AWESOME

CHILDREN'S BOOK OF THE YEAR 2019 SUNDAY TIMES NUMBER ONE BESTSELLER "A very funny and inspiring read! Brilliantly practical with a wide variety of examples..."



GO BIG

'If you have kids transitioning from primary to secondary school, this book is for you (well, for your kids!) ... Helpful, funny and encouraging' - ...

Parents and carers

These resources provide information, tips and questions to help you open up discussion with your child about the transition and help prepare them for starting secondary school.

- Building Resilience
- Growth Mindset
- Helping Your Child Get Into Good Habits
- Making the Change
- Transition into Secondary School
- Getting Ready to Go Big Activity Sheet

Students

On the Woolmer Hill Website are a wealth of Be Awesome Go Big interactive lessons based on the books *You Are Awesome* by Matthew Syed and *Go Big* by Matthew Burton. Each session will take students through some big ideas to help them on their way to Woolmer Hill.

- Session 1: Being awesome
- Session 2: Unlocking your mind
- Session 3: Dare to take risks
- Session 4: Making the change
- Session 5: Lost but not lost
- Session 6: Bouncebackability
- Session 7: What is normal anyway
- Session 8: Friendships and fallouts
- Session 9: Living well

Students can work through each interactive lesson and record their answers in the *Be Awesome Go Big Workbook*, and we would like students to bring their completed workbook into school on their first day in September.